# Advanced Human Body Vocabulary

## Anatomy terms for healthcare students

Bones and muscles
Internal organs
Anatomical directions
Body movements



# Head and face anatomy

Precise external and skeletal terms




1 skull

2 scalp

3 temple

4 crown

5 cheekbone

6 nasal septum

7 mandible

8 maxilla

# Shoulder, arm and hand anatomy

Bones and regions of the upper limb




1 clavicle

2 scapula

3 axilla

4 humerus

5 radius

6 ulna

7 metacarpal

8 phalanges

# Thorax, pelvis and spine

Key landmarks of the trunk




1 **sternum**

2 **rib cage**

3 **thorax**

4 **pelvis**

5 **spinal column**

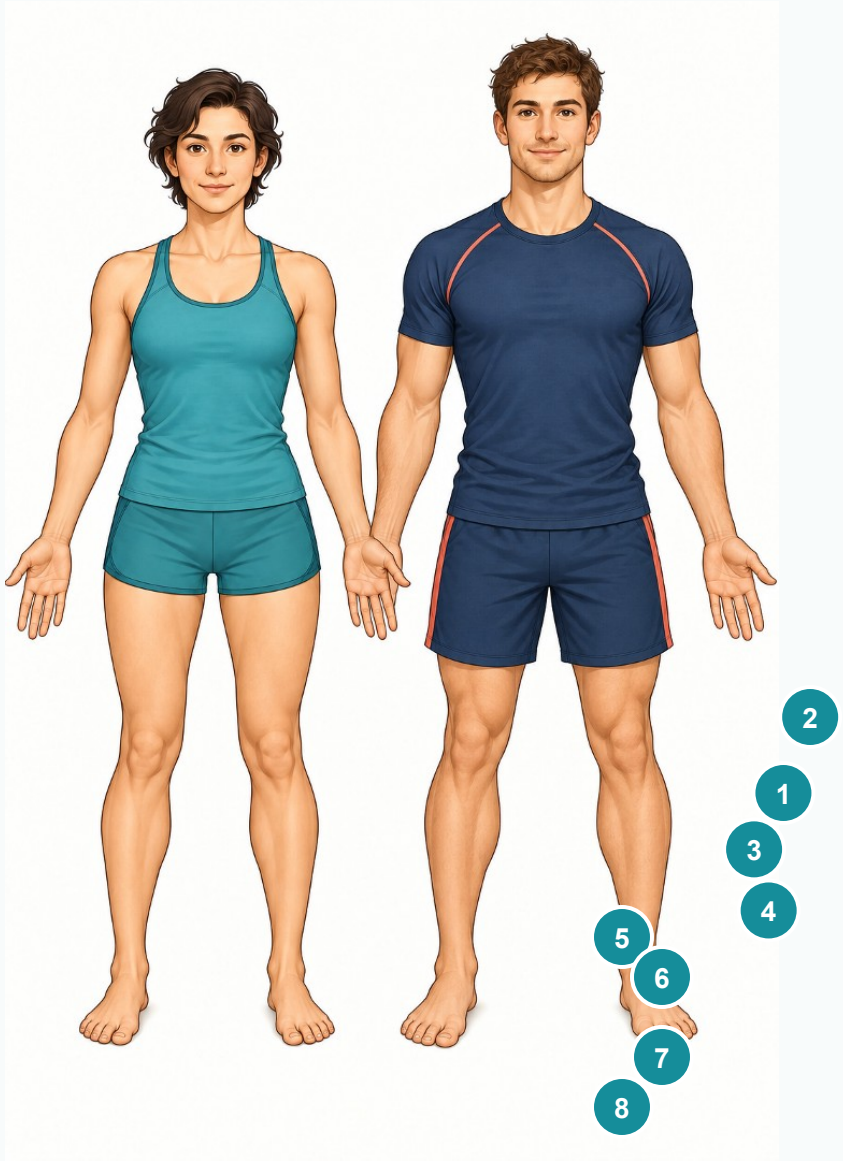
6 **lumbar region**

7 **sacrum**

8 **coccyx**

# Lower limb anatomy

Bones, muscles and tendons of the leg and foot




1. femur
2. quadriceps
3. patella
4. Tibia/ shin
5. Fibula/ calf
6. Achilles tendon
7. Metatarsal / instep/ arch of the foot
8. ball of the foot

# Muscles, tissues and joints

Terms that occur frequently in clinical descriptions



## Muscles

- deltoid muscle
- pectoral muscle
- trapezius muscle
- latissimus dorsi
- gluteus maximus

## Tissues and joints

- connective tissue
- subcutaneous tissue
- synovial joint
- joint capsule
- tendon sheath

# Internal organs and vessels

Vocabulary arranged by body region




1 **brain**

2 **trachea**

3 **lung**

4 **heart**

5 **diaphragm**

6 **liver**

7 **stomach**

8 **kidney**

9 **Small /large intestine**

10 **bladder**

Markers indicate approximate body regions, not a diagnostic anatomical diagram.

# Anatomical directions

Paired terms used to describe location

| | | |
|---|---|---|
| **superior** | opposite of | **inferior** |
| **anterior** | opposite of | **posterior** |
| **medial** | opposite of | **lateral** |
| **proximal** | opposite of | **distal** |
| **superficial** | opposite of | **deep** |

# Body movements

Terms for joint and limb movement

| | |
|---|---|
| flexion | extension |
| abduction | adduction |
| pronation | supination |
| dorsiflexion | plantar flexion |

# Advanced vocabulary challenge

Match each term with the correct English definition

1 clavicle
2 mandible
3 sternum
4 patella
5 tibia
6 sacrum
7 axilla
8 phalanges
9 diaphragm
10 proximal

A muscle below the lungs
B kneecap
C breastbone
D lower jawbone
E collarbone
F finger or toe bones
G nearer to the trunk
H shinbone
I armpit
J bone at the base of the spine

**Compare answers in pairs before revealing the key**

# Answer key

1 E
2 D
3 C
4 B
5 H

6 J
7 I
8 F
9 A
10 G

## Clinical language check

Choose three terms.
Define each term in English.
Use one term in a clinical sentence.